

A message sent on behalf of the School Nurse Drop-In Service:

I would like to remind you of **ChatHealth** – the texting service offered by the School Nursing team.  This is a confidential way that 11-19 year olds can have a text conversation with one of our school nurses about any health issue, worry or concern they may have.

When schools are shut and students don’t have their usual pastoral support, this service can be of great benefit to allay anxieties and emotional distress.

Text a School Nurse on: (07507) 333351

In addition there is information and guidance for students on the School Nursing webpage which can be found here:

<https://www.ghc.nhs.uk/our-teams-and-services/school-nursing/cyp-info/>

**Bridget Davies**
Operational and Professional Head of School Nursing
Gloucestershire Health and Care NHS Foundation Trust

**Website:** [www.ghc.nhs.uk](http://www.ghc.nhs.uk/)



**Text a school nurse 07507 33 33 51 for young people 11-19yr**